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*To build young leaders among the local community
(Malaysian citizen and stateless) through holistic education*

**Iskul E-News | October & November 2023**

Dear <<First Name>> ,

Greetings from Iskul!

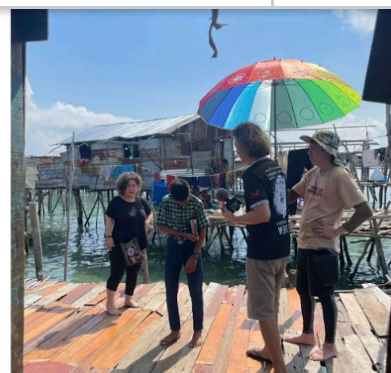
As we step into the month of December, we are thrilled to share the progress and initiatives that have unfolded during the past couple of months on Omadal Island. We have been particularly busy with our “Mini Clinic” or community health centre that was introduced in June this year as a step towards achieving accessible healthcare and building health awareness among our students and the Omadal residents.

As a past winner of the Star Golden Hearts Award (SGHA) and Gamuda Inspiration Award (GIA), Iskul was invited to attend the Star Golden Hearts Award Ceremony 2023. Our story was also highlighted in a recent article by The Star that talks about our impact on the lives and environment of the Bajau Laut community; check it out [here!](#) Your unwavering support continues to be the driving force behind the positive changes we're making together.

**Here's a rundown of what we've been up to**

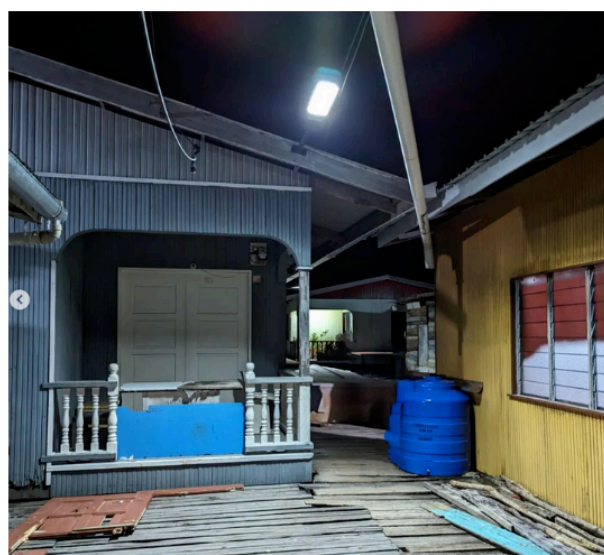
- **Short film celebrating Bajau culture and tradition:**

In the month of October, our students at Iskul have been busy as they immersed themselves in a short film project led by the artist Yee I-Lann where they had the chance to be the stars in front of the camera proudly showcasing their Bajau culture and tradition. We are truly grateful for the opportunity to contribute to this meaningful project. We believe this experience has created unforgettable memories for the students while simultaneously building their confidence.

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• **Solar lights donation:**

We have received a number of solar lights by Luma' Kembara that now illuminate our community walkways and paths. These eco-friendly lights not only guide our way at night but also symbolise the light of kindness and community spirit! We hope that the added safety and visibility from these solar lights contribute to a stronger sense of security and control within our community.



• **Attachment for Community Health Helpers:**

Four dedicated community members were selected as Community Health Helpers (CHH) and underwent a clinic attachment at Klinik Warisan Semporna, Sabah, from October 1 to 15, 2023. Throughout the attachment period, they immersed themselves in the learning process, actively participating in basic wound cleaning, first aid measures, checking vital signs, and basic health screenings—all under the expert guidance of clinic doctors and nurses. We are immensely proud of these individuals who wholeheartedly embraced this program, demonstrating their commitment to acquiring essential skills that will not only benefit their community but also contribute to the sustainable operation of the clinic. This initiative equips them with practical healthcare knowledge and positions them as valuable assets in championing community health on Omdal Island.



• New supplies of Emergency Medicine Equipment:

Our Community Health Center has been equipped with a range of emergency medicine equipment, including a trauma bag, spinal board, foldable stretcher, bandages, glucometer, blood pressure meter, oximeter, and more. These tools are instrumental in supporting basic community health screening and emergency first aid treatment. These equipment were given by Centre of Industry Relations and Networks (CiRNeT) and Malaysia Society for Harm Reduction (MSHR).



• Health Screening Program:

On the 28th of October, we helped CiRNeT and MSHR to organise a health screening program and saw the participation of at least 45 community members. A baseline health record has been developed for these participants, capturing basic vital signs, medical history, and medical screening. Among them, 27 individuals provided permission for venipuncture blood drawing and urine tests, covering Full Blood Count (FBC), liver, lipid, and renal profiles, along with urine analysis. A telemedicine session will be conducted by the doctors with the assistance from CHH to share and interpret the results with the

that address specific needs and empower individuals to make informed decisions about their own well-being.



- **First Aid and CPR Training:**

On the 28th - 29th of October, 15 of our community members have actively participated in a two-day basic first aid and CPR training course. The training covered essential skills such as basic bandaging, emergency lifting, and CPR during emergency situations. Mr. Khairuddin bin Othman, the founder of Alphas Training and acting Director for Malaysia Bulan Sabit Merah Kuala Lumpur Chapter, led the training sessions. The enthusiasm and practical application of skills demonstrated by Iskul children have been highly commendable by the organisers, and we are extremely proud of them!



Dr. Vivien from UPM who was one of the training instructors expressed, "I have to be honest, Iskul kids are fast learners when it comes to practical sessions, they easily pick up anything that is demoed by the trainers for the first time. And they are passionate to learn,



“They show us exactly what we teach, to carry patients from one point to another with stairs!” - Dr Vivien

This glowing testament to the children's ability to grasp and apply practical knowledge not only speaks volumes about their intelligence but also reinforces the transformative power of education in shaping their lives. Witnessing the children actively engaging in learning crucial life skills fills us with pride and optimism. We are confident that these acquired skills will not only empower the children to respond effectively in emergencies but also serve as a foundation for a future where health and safety are integral aspects of community life.

We look forward to writing to you soon with more updates; thank you for being with us on this journey!

We thank you for your time and support. Magsukul!

The grants that support our operation and activities end by December this year. If our work resonates with you, please consider making a contribution to keep us going.

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Bank: Public Bank

Account Number: 3-2165146-31

Account Name: Persatuan Pendidikan Bajau Laut

(Iskul Sama diLaut Omadal)

Donation Subject: For 2024

Please email a transfer receipt to info@iskul.my to let us know! Every bit of help makes all the difference to us!

With gratitude,
Iskul Team

Follow our social media for more real-time updates!



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